

Professor Timothy L Jackson

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Consultant Ophthalmic and Retinal Surgeon

The London Clinic
119 Harley Street
Appointments: 020 7616 7693

The Guthrie Clinic
King's College Hospital
Appointments: 020 3299 3848

Your first appointment

This guide is to help you know what to expect at your first appointment with Professor Jackson, and to know what you can do to prepare before the appointment, and what is likely to happen after the appointment.

Before the appointment

- Please bring your glasses with you to the appointment. If you wear contact lenses, it is okay to wear them to the appointment, but you will need to remove them for examination, so please bring a case or a spare pair if you wear disposables.
- Please bring details of your current medications with you.
- If you have a copy of your recent prescription from your optician – as well as any other scans or investigations, please bring these along too.
- If you are insured, please get authorisation for your consultation plus investigations beforehand and bring your insurance details to the appointment with you.
- Please arrive shortly before your appointment time to complete registration information.
- We try very hard to see patients at their appointed time. However because many of the people we see have complex eye issues to discuss or have eye problems that require immediate treatment, you may sometimes have to wait. We will always try to keep you informed and appreciate your understanding.
- Depending on your eye problem and the type of investigations you require, you may be at the clinic for 1-2 hours, so please allow enough time for your appointment.

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During the appointment

- Professor Jackson will see you to take a history of your eye problem. He will also test your visual acuity and eye pressure. For most problems, Professor Jackson will then put drops in your eyes to dilate your pupils so that he can examine the back of your eyes.
- *The dilating drops will leave you with blurred vision for a few hours afterwards – you will not be safe to drive until they have worn off. You may like to bring sunglasses with you for comfort.*
- You will be asked to wait in the waiting room whilst your eyes dilate, or you may be asked to have further investigations undertaken with the nurses at the clinic. Details of the investigations you might require are given below.
- Once Professor Jackson has fully examined your eyes, and reviewed the results of any investigations, he will discuss your diagnosis with you and outline any treatment options that may be available.
- If your eye requires treatment that can be done as an outpatient, we will offer you the option of same-day treatment where possible.
- If you require surgery you will be given further information to take away and read, and you can schedule your surgery with the practice manager.

After the appointment

- If Professor Jackson recommends a follow-up appointment he will suggest when you should next be seen – please make your next appointment at the clinic or call the appropriate clinic or the practice manager to schedule an appointment at your convenience.
- If you are insured, we will automatically bill your insurer for your consultation and any treatment undertaken. If your insurer does not cover the full cost of Professor Jackson's fees, you will be liable for any shortfall, and an invoice will be sent to you. You can pay for this by bank transfer or cheque.
- If you are self-pay, we prefer that you pay your fees on the day of your appointment, following your consultation with Professor Jackson. You can pay by debit or credit card, cheque or cash. Alternatively, if you want the invoice sent to you or a third party please let us know.
- Professor Jackson will prepare a clinical report detailing your diagnosis and any treatment plan. A copy of this will be sent to you, to your GP, to the person who referred you, and to any other relevant clinicians involved in your care, such as your optician. Please let us know if you do not want this report sent to anyone.

Investigations

Professor Jackson may ask you to have some investigations undertaken to help with the diagnosis or the monitoring of your condition - he will explain the reason these are being requested. The clinic will be able to provide you with details of their fees for these investigations.

Many of these investigations will be undertaken by trained eye nurses or orthoptists at the Clinic. For most of them, you will be seated with your chin and forehead on a rest. All of these investigations are fairly brief and non-invasive unless otherwise stated. The most common ones undertaken are as follows:

Vision testing

You will be asked to read letters from an eye chart, with your distance spectacles if you wear any. You will also be asked to read the chart looking through small 'pinholes' to help focus the image.

Intraocular pressure testing

A small device lightly contacts your eye to measure the pressure inside your eye.

An OCT scan (ocular coherence tomography)

This scan captures an image of the layers of your retina and/or your optic disc at the back of your eye. It is one of the most important tests, and helps determine your diagnosis and/or clinical progress. You will be asked to stare at an image whilst a laser scans the back of your eye.

Autofluorescence/fundus photography

A digital photograph of the back of your eye.

Biometry

This test measures the dimensions of your eye, to help determine the most suitable lens implant to use during cataract surgery.

Central Corneal Thickness

This measures the thickness of the cornea, the clear window at the front of your eye. It helps assess the health of your cornea and refine intraocular pressure measurements.

Visual Field Testing

This is a test of your peripheral vision. You sit looking into the centre of a white dome, and press a button when you see small white lights in your peripheral vision. It can take about 20-30 minutes.

Fundus Angiography (FFA or ICG)

This is used to take images of the blood vessels at the back of your eye and the blood flow through them. This is a longer investigation and you will usually be asked to make a separate appointment to have this undertaken. We will provide you with an information sheet about this investigation.